# CUSTOMIZATION TO Vmcg CARE GUIDELINES

## **28th Edition**

Issue Date: Original Date: February 14, 2025 February 15, 2024

This document provides a high-level summary of customizations and modifications to MCG Care Guidelines, collectively, "customized guidelines." The five (5) MCG products licensed include the following:

- Behavioral Health Care (BHG)
- Chronic Care (CCG)
- General Recovery Care (GRG)
- Inpatient & Surgical Care (ISC)
- Recovery Facility Care (RFC)

INDEX (CTRL + Click to follow link)

#### **CUSTOMIZATIONS – BACKGROUND INFORMATION**

#### **CUSTOMIZATIONS TO MCG CRITERIA**

- Inpatient & Surgical Care (ISC)
- General Recovery Care (GRG)

### CUSTOMIZATIONS RELATED TO A MEDICAL POLICY OR GUIDELINE

- Inpatient & Surgical Care (ISC)
- General Recovery Care (GRG)
- Behavioral Health Care (BHG)

#### **CUSTOMIZATION HISTORY**

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<sup>&</sup>lt;sup>1</sup> Benefit plans vary in coverage and some plans may not provide coverage for certain services discussed in the customized guidelines. Coverage decisions are subject to all terms and conditions of the applicable benefit plan, including specific exclusions and limitations, as well as applicable state and/or federal law. The customized guidelines do not constitute plan authorization or a guarantee of payment, nor are they an explanation of benefits.

<sup>&</sup>lt;sup>2</sup> We reserve the right to review and modify the MCG care guidelines or customized guidelines at any time.

<sup>&</sup>lt;sup>3</sup> No part of this publication may be reproduced, stored in a retrieval system or transmitted, in any form or by any means, electronic, mechanical, photocopying, or otherwise, without permission from the health plan.

<sup>&</sup>lt;sup>4</sup> Original Issue Date: February 15, 2024 for MCG care guidelines 28th edition and corresponding customized guidelines.

## **CUSTOMIZATIONS – BACKGROUND INFORMATION**

#### Types of Customizations

Customizations are most often done to align with existing medical policy documents. Original MCG criteria may be customized when a separate medical policy document is not appropriate.

In addition to customization in clinical criteria, other changes may be made to MCG care guidelines such as adding references, revising coding, or noting length of stay based on mandates.

## Review and Approval of Customizations

The Medical Policy & Technology Assessment Committee (MPTAC) reviews and approves new editions of MCG care guidelines and customizations to revise MCG clinical indications.

#### Disclaimer

Customized guidelines include a disclaimer at the top of the guideline after the guideline title indicating: This guideline contains custom content that has been modified from the standard care guidelines and has not been reviewed or approved by MCG Health, LLC.

#### **Guideline History**

Customized guidelines include a "Guideline History" section that provides (1) the date of the Medical Policy & Technology Assessment Committee (MPTAC) meeting review and approval of the customization, and (2) a summary of the customization to the MCG care guidelines.

Return to Index

## **CUSTOMIZATIONS TO MCG CRITERIA**

	CUSTOMIZATIONS TO MCG CRITERIA			
	Inpatient & Surgical Care (ISC)			
	MCG Guideline	Customization		
1.	ISC General Surgery – Mastectomy, Complete (W0002)	<ul> <li>Clinical Indications for Procedure: For risk-reduction mastectomy and significantly elevated risk of breast cancer, added indications</li> <li>Goal Length of Stay: Revised Goal Length of Stay (GLOS) to indicate 2 days postoperative</li> <li>Added information regarding Federal or State mandates will supersede the guideline Length of Stay when applicable</li> <li>References: Added</li> </ul>		
2.	ISC General Surgery - Mastectomy, Complete, with Insertion of Breast Prosthesis or Tissue Expander (W0022)	Clinical Indications for Procedure: For risk-reduction mastectomy and significantly elevated risk of breast cancer, added indications Goal Length of Stay: Revised Goal Length of Stay (GLOS) to indicate 2 days postoperative Added information regarding Federal or State mandates will supersede the guideline Length of Stay when applicable References: Added		
3.	ISC General Surgery - Mastectomy, Complete, with Tissue Flap Reconstruction (W0023)	Clinical Indications for Procedure: For risk-reduction mastectomy and significantly elevated risk of breast cancer, added indications     Added information regarding Federal or State mandates will supersede the guideline Length of Stay when applicable     References: Added		
4.	ISC General Surgery - Mastectomy, Partial (Lumpectomy) (W0008)	<ul> <li>Goal Length of Stay: Revised Goal Length of Stay (GLOS) to indicate 2 days postoperative</li> <li>Added information regarding Federal or State mandates will supersede the guideline Length of Stay when applicable</li> </ul>		

Return to Index

CUSTOMIZATIONS TO MCG CRITERIA				
General Recovery Care (GRG)				
	MCG Guideline	MCG Guideline Customization		
1.	GRG General Recovery	Alternatives to Admission: For Home hospice added the following:		
	Guidelines Tools Section -		<ul> <li>Outpatient: Continuous Home Care (CHC)</li> </ul>	
	Inpatient Palliative Care		<ul> <li>Outpatient: Routine Home Care</li> </ul>	
	Criteria (W0086)		<ul> <li>Patients who may benefit from hospice care</li> </ul>	
			<ul> <li>Nursing care</li> </ul>	
		Reference: Added		

## CUSTOMIZATIONS RELATED TO A MEDICAL POLICY OR GUIDELINE

CUSTOMIZATIONS RELATED TO A MEDICAL POLICY OR GUIDELINE Inpatient & Surgical Care (ISC)			
	MCG Guideline	Medical Policy or Clinical UM Guideline	Customization
1.	ISC Cardiology - Left Atrial Appendage Closure, Percutaneous (W0157)	SURG.00032 Patent Foramen Ovale and Left Atrial Appendage Closure Devices for Stroke Prevention	Clinical Indications for Procedure
2.	ISC Cardiovascular Surgery – Aortic Valve Replacement, Transcatheter (W0133)	SURG.00121 Transcatheter Heart Valve Procedures	Clinical Indications for Procedure
3.	ISC Cardiovascular Surgery – Cardiac Septal Defect: Atrial, Transcatheter Closure (W0016)	SURG.00032 Patent Foramen Ovale and Left Atrial Appendage Closure Devices for Stroke Prevention SURG.00096 Surgical and Ablative Treatments for Chronic Headaches	Clinical Indications for Procedure
4.	ISC Cardiovascular Surgery – Cardiac Valve Replacement or Repair (W0089)	SURG.00121 Transcatheter Heart Valve Procedures	Clinical Indications for Procedure
5.	ISC Cardiovascular Surgery – Carotid Artery Stenting (W0165)	CG-SURG-76 Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty	Clinical Indications for Procedure
6.	ISC Cardiovascular Surgery – Heart Transplant (W0017)	TRANS.00026 Heart/Lung Transplantation TRANS.00033 Heart Transplantation	Clinical Indications for Procedure
7.	ISC Cardiovascular Surgery – Sympathectomy by Thoracoscopy or Laparoscopy (W0044)	CG-SURG-116 Surgical Treatment of Hyperhidrosis	Clinical Indications for Procedure
8.	ISC General Surgery – Fundoplication and Hiatal Hernia Repair, Abdominal (W0159)	CG-SURG-92 Paraesophageal Hernia Repair	Clinical Indications for Procedure
9.	ISC General Surgery – Fundoplication and Hiatal Hernia Repair, by Laparoscopy (W0158)	CG-SURG-92 Paraesophageal Hernia Repair	Clinical Indications for Procedure
10.	ISC General Surgery – Fundoplication and Hiatal Hernia Repair, Transthoracic (W0160)	CG-SURG-92 Paraesophageal Hernia Repair	Clinical Indications for Procedure
11.	ISC General Surgery – Gastric Restrictive Procedure with Gastric Bypass	CG-SURG-83 Bariatric Surgery and Other Treatments for Clinically Severe Obesity	Clinical Indications for Procedure  Codes

Issue Date: February 14, 2025 R2 Page 3 of 6

CUSTOMIZATIONS RELATED TO A MEDICAL POLICY OR GUIDELINE Inpatient & Surgical Care (ISC)				
	MCG Guideline	Medical Policy or Clinical UM Guideline	Customization	
	Title change to: Gastric Restrictive Procedure with or without Gastric Bypass (W0054)			
12.	ISC General Surgery – Gastric Restrictive Procedure with Gastric Bypass by Laparoscopy (W0014)	CG-SURG-83 Bariatric Surgery and Other Treatments for Clinically Severe Obesity	Clinical Indications for Procedure  Codes	
13.	ISC General Surgery – Gastric Restrictive Procedure without Gastric Bypass by Laparoscopy (W0033)	CG-SURG-83 Bariatric Surgery and Other Treatments for Clinically Severe Obesity	Clinical Indications for Procedure	
14.	ISC General Surgery – Gastric Restrictive Procedure, Sleeve Gastrectomy, by Laparoscopy (W0102)	CG-SURG-83 Bariatric Surgery and Other Treatments for Clinically Severe Obesity	Clinical Indications for Procedure	
15.	ISC General Surgery – Liver Transplant (W0034)	TRANS.00008 Liver Transplantation	Clinical Indications for Procedure	
16.	ISC Neonatal Facility Levels and Intensity of Care Criteria	CG-MED-26 Neonatal Levels of Care	Removed MCG guidelines	
17.	ISC Pediatrics – Fundoplication and Hiatal Hernia Repair, by Laparoscopy, Pediatric (W0161)	CG-SURG-92 Paraesophageal Hernia Repair	Clinical Indications for Procedure	
18.	ISC Pediatrics – Heart Transplant, Pediatric (W0123)	TRANS.00026 Heart/Lung Transplantation TRANS.00033 Heart Transplantation	Clinical Indications for Procedure	
19.	ISC Pediatrics – Liver Transplant, Pediatric (W0124)	TRANS.00008 Liver Transplantation	Clinical Indications for Procedure	
20.	ISC Pediatrics – Lung Transplant, Pediatric (W0125)	TRANS.00009 Lung and Lobar Transplantation TRANS.00026 Heart/Lung Transplantation	Clinical Indications for Procedure	
21.	ISC Pediatrics – Renal Transplant, Pediatric (W0126)	CG-TRANS-02 Kidney Transplantation	Clinical Indications for Procedure	
22.	ISC Thoracic Surgery and Pulmonary Disease – Lung Transplant (W0076)	TRANS.00009 Lung and Lobar Transplantation TRANS.00026 Heart/Lung Transplantation	Clinical Indications for Procedure	
23.	ISC Urology – Renal Transplant (W0027)	CG-TRANS-02 Kidney Transplantation	Clinical Indications for Procedure	

CUSTOMIZATIONS RELATED TO A MEDICAL POLICY OR GUIDELINE General Recovery Care (GRG)			
	MCG Guideline	Medical Policy or	Customization
		Clinical UM Guideline	
1.	GRG Body System – Cardiovascular Surgery or Procedure GRG (W0099)	For cardiovascular surgeries or procedures, see the applicable clinical document, such as the following:	Clinical Indications for Procedure
		CG-SURG-119 Treatment of Varicose Veins (Lower Extremities)	

Issue Date: February 14, 2025 R2 Page 4 of 6

	CUSTOMIZATIONS RELATED TO A MEDICAL POLICY OR GUIDELINE				
	General Recovery Care (GRG)  MCG Guideline Medical Policy or Customization				
	WCG Guidenne	Clinical UM Guideline	Customization		
		SURG.00019 Transmyocardial			
		Revascularization			
		SURG.00121 Transcatheter Heart Valve Procedures			
		SURG.00145 Mechanical Circulatory Assist Devices (Ventricular Assist Devices,			
		Percutaneous Ventricular Assist Devices and Artificial Hearts)			
2.	GRG Body System –	CG-SURG-83 Bariatric Surgery and Other	Clinical Indications for		
	General Surgery or Procedure GRG (W0142)	Treatments for Clinically Severe Obesity	Procedure		
		TRANS.00011 Pancreas Transplantation and			
		Pancreas Kidney Transplantation			
		TRANS.00013 Small Bowel, Small			
		Bowel/Liver and Multivisceral Transplantation			
3.	GRG Body System –	SURG.00026 Deep Brain, Cortical, and	Clinical Indications for		
	Neurosurgery or Procedure GRG (W0176)	Cerebellar Stimulation	Procedure		
4.	GRG Problem Oriented –	For hematopoietic stem cell transplantation, see	Clinical Indications for		
	Medical Oncology GRG (W0074)	the applicable clinical document, such as the following:	Admission to Inpatient Care		
		TRANS.00### Hematopoietic Stem Cell			
		Transplantation (for various conditions)			

	CUSTOMIZATIONS RELATED TO A MEDICAL POLICY OR GUIDELINE			
	Behavioral Health Care (BHG)			
	MCG Guideline	Medical Policy or Clinical UM Guideline	Customization	
1.	BHG Testing Procedures – Urine Toxicology Testing (W0150)	CG-LAB-09 Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain	Clinical Indications for Procedure	
2.	BHG Therapeutic Services – Trigeminal Nerve Stimulation, Transcutaneous: Behavioral Health Care	See related documents, such as the following:  CG-DME-04 Electrical Nerve Stimulation, Transcutaneous, Percutaneous  DME.00011 Electrical Stimulation as a Treatment for Pain and Other Conditions: Surface and Percutaneous Devices  SURG.00112 Implantation of Occipital, Supraorbital or Trigeminal Nerve Stimulation Devices (and Related Procedures)  SURG.00158 Implantable Peripheral Nerve Stimulation Devices as a Treatment for Pain	Removed MCG guideline	
3.	BHG Therapeutic Services – Vagus Nerve Stimulation, Implantable: Behavioral Health Care (W0166)	CG-SURG-120 Vagus Nerve Stimulation	Clinical Indications for Procedure	

Issue Date: February 14, 2025 R2 Page 5 of 6

CUSTOMIZATION HISTORY			
Issue Date	Action	Reason	
02/14/2025	Release updated document	Updated Issue Date reflects review and approval at the November 14, 2024 Medical Policy & Technology Assessment Committee (MPTAC) meeting to retire the following customizations:  • W0012 Electrophysiologic Study and Intracardiac Catheter Ablation  • W0093 Cardiac Septal Defect: Ventricular, Repair  • W0118 Musculoskeletal Surgery or Procedure GRG MPTAC approved the original MCG guidelines without customization listed below.  • M-154 Electrophysiologic Study and Intracardiac Catheter Ablation  • S-284 Cardiac Septal Defect: Ventricular, Repair  • SG-MS Musculoskeletal Surgery or Procedure GRG  MPTAC reviewed and approved updated customization to W0074 Medical Oncology GRG (Removed reminder note to see applicable documents for chimeric antigen receptor [CAR] T- cell therapy, and transcatheter arterial chemoembolization)	
02/15/2024	Release document for Customizations to MCG Care Guidelines 28th Edition	New document for Customizations to MCG Care Guidelines 28th Edition approved at the February 15, 2024 MPTAC meeting.	

Return to Index

Issue Date: February 14, 2025 R2 Page 6 of 6