

# Endocrinology Referral Preparedness Tool

*This template is offered as a tool that can evolve over time as providers build upon existing coordination processes and identify new opportunities for improvement. It is available for use by the Represented Specialty Care Physician and Primary Care Physician for coordination of care referrals and activities. Use of this Referral Preparedness Tool is not required and is optional. It is designed to be a resource and is not a program requirement.*

Condition	PCP PRE-REFERRAL	PCP and SPECIALIST COORDINATION
<b>Diabetes</b>	<p><b>Summary of Previous /Current:</b></p> <ol style="list-style-type: none"> <li>1. Weights</li> <li>2. Blood Pressures</li> <li>3. Lipid (Profile)</li> <li>4. Creatinine</li> <li>5. Urine Albumin : Creatinine ratio</li> <li>6. Retina Exams</li> <li>7. Hemoglobin A1C</li> <li>8. Medications:               <ol style="list-style-type: none"> <li>a. Diabetic</li> <li>b. Any other RX</li> </ol> </li> </ol>	
<b>Hyperthyroidism</b>	<p><b>Summary of Previous:</b></p> <ol style="list-style-type: none"> <li>1. Free T4 Index <u>or</u> Free T4</li> <li>2. Free T3 Index <u>or</u> Free T3</li> <li>3. TSH</li> <li>4. Antithyroid antibodies</li> <li>5. CBC</li> <li>6. Sed rate</li> <li>7. Liver Function</li> <li>8. 4 HR and 24HR thyroid uptake and Thyroid Scan</li> </ol>	<p><b>Coordination of:</b></p> <ol style="list-style-type: none"> <li>1. Thyroid Ultrasound</li> </ol>

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<b>Thyroid Nodule</b>		<b>Coordination of:</b> <ol style="list-style-type: none"> <li>1. Thyroid Scan             <ol style="list-style-type: none"> <li>a. Regarding nuclear medicine thyroid scans for evaluation of thyroid nodules in patients with normal thyroid function refer to the Society of Nuclear Medicine and Molecular Imaging guidelines (Choosing Wisely Measure); <a href="http://www.snm.org/">http://www.snm.org/</a></li> </ol> </li> <li>2. Thyroid Ultrasound</li> <li>3. Free T4 Index <u>or</u> Free T4</li> <li>4. Free T3 Index <u>or</u> Free T3</li> <li>5. TSH</li> <li>6. Thyroid Antibodies</li> </ol>
<b>Hypercalcemia</b>	<b>Summary of Previous /Current:</b> <ol style="list-style-type: none"> <li>1. Three (minimum) or more calcium determinations</li> <li>2. Serum creatinine</li> <li>3. 25 hydroxy vitamin D</li> <li>4. CBC</li> <li>5. Medications</li> </ol>	<b>Coordination of:</b> <ol style="list-style-type: none"> <li>1. P.T.H.</li> <li>2. Ionized Calcium</li> <li>3. Neck ultrasound</li> <li>4. Sestimibi nuclear scan</li> </ol>