Behavioral Health Screeners

☐ **Depression**

- Patient Health Questionnaire -
  - o PHQ-9 – is a screening tool that is used for screening, diagnosing, monitoring and measuring the severity of depression.
  - o PHQ-2 – is a screening tool that identifies the frequency of a depressed mood over the past 2 weeks. The questions are a subset of the PHQ-9 questions.

☐ **Substance Abuse**

- AUDIT-C - is a simple 3-question screen for hazardous or harmful drinking that can stand alone or be incorporated into general health history questionnaires.
- CAGE - is a commonly used 5 question tool used to screen for drug and alcohol use and to help determine if an alcohol assessment is needed.
- NIDA Quick Screen and NIDA Modified Assist – are two screening tools used to identify substance use and abuse in adults.

☐ **Anxiety Disorders**

- Generalized Anxiety Disorder Assessment –
  - o GAD-7 - is a 7-question Generalized Anxiety Disorder screening tool that identifies whether a complete assessment for anxiety is indicated.
  - o GAD-2 – is a Generalized Anxiety Disorder screening tool containing the first 2 questions of the GAD-7 tool.
- PC-PTSD - is a 4 item screen designed for use in primary care and other medical settings to screen for post-traumatic stress disorder.

☐ **Mood Disorder**

- Mood Disorder Questionnaire (MDQ) – is a screening tool to identify patients who are most likely to have bipolar disorder.