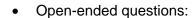
## Brief Conversations Using Motivational Interviewing Techniques Performance Assessment Scales



low					high
0	1	2	3	4	5

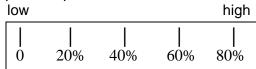
• Affirmations:

low					high
0	1	2	3	4	5

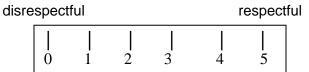
Reflective listening:

low					high
					Ţ
0	1	2	3	4	5

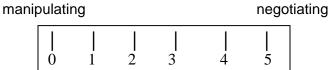
• % of talking by patient compared to provider:



• Respect:



Negotiation:



'Voice and Choice'

dictating change			encouraging self change			
	2	3	4	5		

Allowing for silence and duration of pauses before jumping in:

no pause					uses of silence efficiently		
0	1	2	3	4	5		

• Use of scaling/scales to assess patient readiness and confidence to change:

low					high
	1	2	3	4	<b>-</b> 5

• Summarize:

low					high
0	1	2	3	 4	5